

## WHAT:

All are welcome to weekly FREE yoga sessions taught by a certified yoga teacher

## WHEN:

Sundays from 10 am - 10:50 am

## WHERE:

Sant Nirankari Mission Spiritual center 1S750 Illinois 59, West Chicago, IL 60185

847-428-8852 chicago@nirankari.org facebook.com/snmchicago Please register at nirankari.org/chicago

